

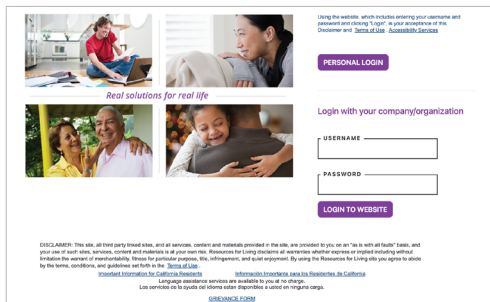
# Fitness Discounts Made Simple!

## Easy Steps to Access Your Fitness Discounts.



Ready to get active? We've made getting there easier than ever.

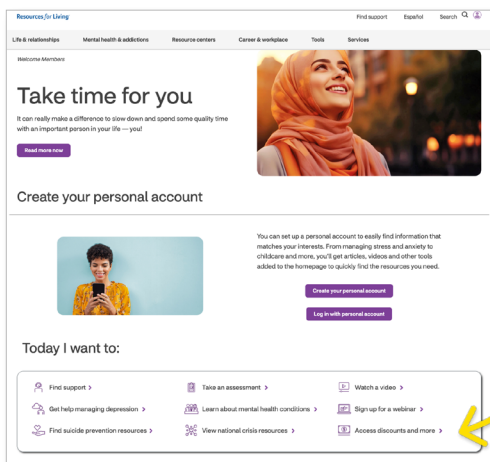
Habersham County offers you access to a variety of discounts on health programs and services, including gym memberships. Looking for more information? Start by logging into [www.resourcesforliving.com](http://www.resourcesforliving.com) and following this guide:



### STEP 1

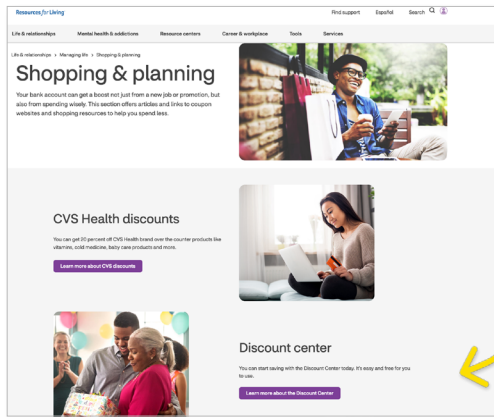
Log into website  
[www.resourcesforliving.com](http://www.resourcesforliving.com)

Username: peaceofmind  
Password: solutions



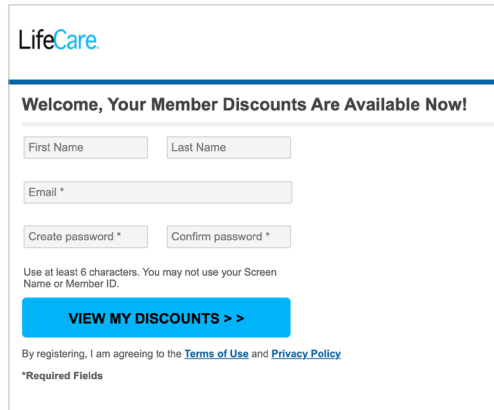
### STEP 2

On the home page click  
"Access discounts and more"



### STEP 3

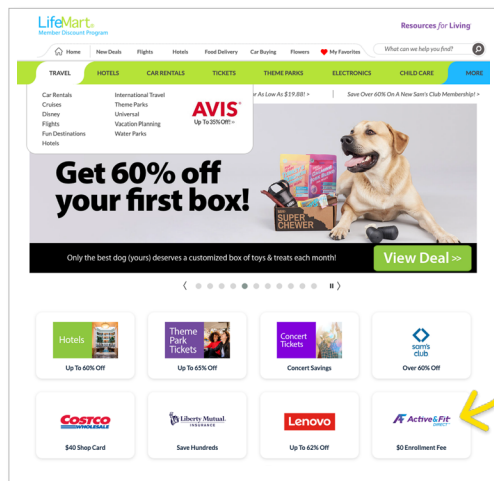
Click on "Discount Center"



### STEP 4

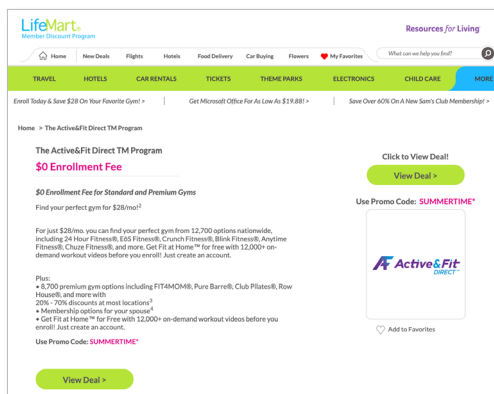
Click on Discount Center and set-up/log-in

Create a profile



### STEP 5

Click on "Active and Fit" on the homepage or search for it in the search bar.

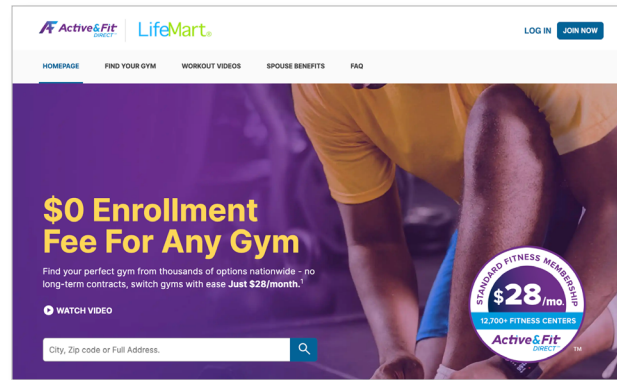


### You're there!

The updated Active&Fit page takes the heavy lifting out of finding a local gym and accessing your discounted membership. PLUS you have a \$0 enrollment fee!\*

## From the home page, you can:

1. Find a local gym by your zip code or city/state and get details on the facility.
2. Not ready to enroll? Click "Request Guest Pass Letter" in your search results, create an account and then print your guest pass.
3. If you're ready to get your discounted membership, select "Join Now." You'll create an account if you didn't already, provide payment information and print your fitness card to take to your new gym.
4. Enter both your personal and payment information here.
5. Now, just click to view your card, print it out and take it with you to your new gym.



*The Active&Fit Direct program is provided by American Specialty Health Fitness, Inc. (ASH), an independent company/entity and a subsidiary of American Specialty Health Incorporated. ASH is not affiliated with Cigna and is solely responsible for the Active&Fit Direct program. Active&Fit Direct, Break a Sweat Without Breaking the Bank, and the Active&Fit logos are trademarks of American Specialty Health, Incorporated. As to American Specialty Health content/properties, (c) 2017 American Specialty Health.*

*\*\$28 enrollment fee waived for standard and premium gyms 07/01/2024 12:01 a.m. - 09/30/2024 11:59 p.m. PT. 2. Plus applicable enrollment fees and taxes. 3.Costs for premium exercise studios exceed \$28/mo. plus applicable enrollment fees and taxes. Fees vary based on premium fitness studios selected. 4. Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection. The Active&Fit Direct™ program is provided by American Specialty Health Fitness, Inc., a subsidiary of ASH. Active&Fit Direct, Fit at Home, and the Active&Fit Direct logos are trademarks of ASH and used with permission herein. Other names or logos may be trademarks of their respective owners. Standard fitness center and premium studio participation varies by location and is subject to change. Other restrictions may apply based on the location of your selected fitness center. ASH reserves the right to modify any aspect of the Program (including, without limitation, the Enrollment Fee(s), the Monthly Fee(s), any future Annual Maintenance fees, and/ or the Introductory Period) at any time per the terms and conditions. If ASH modify a fee or make a material change to the Program, they will provide you with no less than 30 days' notice prior to the effective date of the change. They may discontinue the Program at any time upon advance written notice. © 2024 American Specialty Health Incorporated (ASH). All rights reserved.*

*You can add additional gyms for \$23 per gym; however, the Member can switch gyms once per month (please note additional fees may be required depending on the gym that is switched to).*

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